

# HOUSTON FIRE DEPARTMENT

## HFD Psychology Research



HOUSTON FIREFIGHTER  
SUPPORT NETWORK

A partnership between the Houston Fire Department and the University of Houston has allowed multiple Interns to work with our Staff Psychologist's to provide care for our members and their families during life's challenges. This relationship has also provided an opportunity to participate in various research studies U of H and our Interns are facilitating to complete their dissertations. Let us assist them for all they have done for our members by participating in any of the studies below.

You are invited to participate in an important research project entitled, "Validation of a Conditional Reasoning Test with Firefighters". The purpose of this research is to validate a new test. This study is being conducted by Dr. Daniel Svyantek at Auburn University and Alexa Doerr at KBR.

### **RESEARCH INVITATION: \$10 Amazon E-Gift Card**

You are invited to participate in a research project. The purpose of this research is to validate a new logic test. Your time commitment will be 45 minutes or less.

As a thank you, you will receive a **\$10 Amazon** e-gift card.

**To participate, go to this web link or use the QR code:**

[https://nasajsc.qualtrics.com/jfe/form/SV\\_0ufoGrZWt8iCRO6](https://nasajsc.qualtrics.com/jfe/form/SV_0ufoGrZWt8iCRO6)



**\*\*Note:** You also should have received an email with more information and link. If you have any questions about this study or if you would like the link emailed to you again, please contact Dr. Alexa Doerr at [alexa.doerr@nasa.gov](mailto:alexa.doerr@nasa.gov).

Thank you!



**ATTENTION HFD:**  
**RESEARCH STUDY**

**Do you want to learn attention training?**

The Healthy Action Zone Mindful Attention Training (HAZMAT) Workshop is designed for firefighters.

All HFD firefighters are invited to participate in a study to help us determine the feasibility and acceptability of a mindfulness-based workshop and help us better understand the effect of mindful attention on firefighter mental health.

Participation is completely voluntary and confidential.

- **The study includes...**
  - **An online/virtual, single-session mindful attention workshop.**
  - **2 online surveys before the workshop and 5 online surveys after the workshop at specific follow-up timepoints.**
- **You can earn a total of \$75 in e-gift cards for your participation.**

**Please click the link below to begin survey:**

[https://uhpsychology.co1.qualtrics.com/jfe/form/SV\\_6n8s6tSqCqykhg1](https://uhpsychology.co1.qualtrics.com/jfe/form/SV_6n8s6tSqCqykhg1)

*For more information, contact:*

*Dr. Anka Vujanovic (University of Houston: 713-743-3241)*

*This project has been approved by the University of Houston  
Institutional Review Board (713) 743-9204.*

[https://uhpsychology.co1.qualtrics.com/jfe/form/SV\\_6n8s6tSqCqykhg1](https://uhpsychology.co1.qualtrics.com/jfe/form/SV_6n8s6tSqCqykhg1)

# ATTENTION

**Participate in a research study focused on treating problems related to stressful events/trauma, anxiety, and alcohol use**

## Who?

- Individuals 21 years of age or older
- English proficient
- Experienced a traumatic/stressful event
- Currently drink alcohol

## Time commitment?

- One in-person study visit (1.5-2 hours)
- Two follow-up online surveys (30-45 minutes)

## Payment?

- Participants can receive up to **\$100** in Tango gift cards!

## Interested?

Complete this screening survey and research staff will contact you if you qualify:

[https://uhpsychology.co1.qualtrics.com/jfe/form/SV\\_3xWsG2lpJYG8A7Q](https://uhpsychology.co1.qualtrics.com/jfe/form/SV_3xWsG2lpJYG8A7Q)



This research study has been reviewed by the University of Houston Institutional Review Board. **Questions?** Contact the investigator: [appfi.uh@gmail.com](mailto:appfi.uh@gmail.com)

[https://uhpsychology.co1.qualtrics.com/jfe/form/SV\\_3xWsG2lpJYG8A7Q](https://uhpsychology.co1.qualtrics.com/jfe/form/SV_3xWsG2lpJYG8A7Q)

## FIRST RESPONDERS

Participate in a research study to better understand  
the impact of Hurricane Harvey on behavioral health.

*Participation is completely voluntary and confidential*

### Who?

- Adults ages 18+
- English proficient
- Served as a first responder during Hurricane Harvey



### Time Commitment?

- Online survey:
  - Approx. 30 – 45 min
  - May be completed in multiple sittings in a week's time
- Optional online interview:
  - Approx. 1 – 1.5 hours

### Interested?

- Learn more:

[https://uhpsychology.co1.qualtrics.com/jfe/form/SV\\_2idTlIG77Jmol26](https://uhpsychology.co1.qualtrics.com/jfe/form/SV_2idTlIG77Jmol26)

### Payment?

- Participants will be compensated for their time:
  - Online survey: \$20
  - Optional online interview: \$50



**SCAN ME**



*For more information, contact:*

*Nate Healy, M.A. ([nahealy@uh.edu](mailto:nahealy@uh.edu); 713-743-4873)*

*Dr. Anka Vujanovic (University of Houston: 713-743-3241)*

*This project has been approved by the University of Houston  
Institutional Review Board (713) 743-9204.*



# EARN UP TO \$80

***by participating in research!***

Participants needed on a research study  
about *alcohol consumption!*

## **PARTICIPATION INVOLVES:**

**2** appointments (virtual or in-person) and  
completing **3 short daily surveys** on your  
phone

**\*Android preferred, must be 21-65 years old\***

Check the link to see  
if you qualify or  
show the QR code to  
a friend!

Contact number:  
713-743-8056

Email:  
[houstonahrl@gmail.com](mailto:houstonahrl@gmail.com)



[https://uhpsychology.co1.qualtrics.com/jfe/form/SV\\_cp9ZDX3JZ2rc2hM?Q\\_CHL=qr](https://uhpsychology.co1.qualtrics.com/jfe/form/SV_cp9ZDX3JZ2rc2hM?Q_CHL=qr)



**RECIBE HASTA  
\$80**

***por participar en un estudio de  
investigación!***

¡Solicitamos participantes para un estudio de  
investigación en el *consumo de alcohol!*

**PARTICIPACION INVOLCURA:**

**2 citas** (en persona o virtualmente) y  
completar **3 encuestas cortas diariamente**

**\*Preferido celulares Android, tiene que ser  
entre 21 y 65 años de edad\***

Visite el enlace para  
ver si califica o muestra  
el código **QR** a su  
amigo!

Numero de Contacto:  
713-743-8056  
Correo Electronico:  
houstonahrl@gmail.com



[https://uhpsychology.co1.qualtrics.com/jfe/form/SV\\_4UYnt3D0UFMZno2?Q\\_CHL=qr](https://uhpsychology.co1.qualtrics.com/jfe/form/SV_4UYnt3D0UFMZno2?Q_CHL=qr)



# ATTENTION

Participate in a **virtual research study** to better understand the association of trauma, distress, and alcohol use.

## Who?

- Adults ages 21-60
- English proficient
- Experienced a stressful event
- Currently drink alcohol
- Own a smartphone



## Time commitment?

- *All study visits are virtual*
- First study visit (2-2.5 hours)
- Answer daily questions on your phone for 15 minutes per day for 21 days
- Follow-up study visit (30-60 minutes)

 To go directly to the screening survey



**SCAN ME**

## Payment?

- Participants can receive up to \$110 in electronic gift cards

## Interested?

- Complete this screening survey to determine if you qualify:  
[tinyurl.com/DTEMAscreen](https://tinyurl.com/DTEMAscreen)

This research study has been reviewed by the University of Houston Institutional Review Board.

Questions? Contact the investigator:  
Maya Zegel, M.A., [mzegel@uh.edu](mailto:mzegel@uh.edu); 713-743-4873 (office)